

# Jersey Farm Community Centre

Activities and regular hirers

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## MONDAY

10.00am - 12.30pm	<b>HOME START HERTS</b> Vicky Brooker	vicky@home-startherits.org.uk
1.40pm - 2.40pm	<b>YOGA</b> Anna Sanz	Tel: 07762 769 368
4.00pm - 7.00pm (4 years and over)	<b>LEA VALLEY KARATE ACADEMY</b> Daniel Hollister	Tel: 07894 528 283
7.30pm - 11.00pm	<b>ST. ALBANS BRIDGE CLUB</b> Steve Lambert	steve@lamberts.org.uk

## TUESDAY

10.00am - 3.00pm	<b>JERSEY FARM DAY CENTRE</b> Kathy Green	Tel: 07713 095839 / 01727 839565
4.00pm - 5.00pm	<b>AVAILABLE FOR HIRE</b>	
5.30pm - 6.30pm	<b>HERTBEATS EXERCISE CLASS</b> Mike Wiseman	Tel: 07711 781 261
8.00pm - 10.00pm	<b>THE ST. ALBANS CAMERA CLUB</b> chairman@stalbanscamera.club	

## WEDNESDAY

10.00am - 11.00am	<b>LABAN DANCE FITNESS CLASS</b> Lynn Jepson	Tel: 07968 235 314
11.30am - 12.30pm	<b>AVAILABLE FOR HIRE</b>	
1.00pm - 2.00pm	<b>MAT PILATES</b> Yasemin Ozay	Tel: 07796 028 051
2.30pm - 4.00pm	<b>AVAILABLE FOR HIRE</b>	
4.30pm - 5.30pm	<b>TAI CHI</b> Sally Foxcroft	Tel: 07954 433 893
6.00pm - 8.00pm	<b>WEIGHT WATCHERS</b>	Tel: 0844 5075051

## THURSDAY

8am - 11.30am	<b>HARVEST COURT RESIDENTS</b>	
11.45am - 1.45pm	<b>ADULT TAP/BALLET</b> Emma Sharp	Tel: 07931 910 655
2.30pm - 3.30pm	<b>MEDAU MOVEMENT</b> Rosemary Smith	Tel: 01727 864577
4.00pm - 5.00pm	<b>AVAILABLE FOR HIRE</b>	
5.30pm - 7.00pm	<b>BROWNIES</b> Ann Dickinson	Tel: 01727 850960
7.30pm - 9.30pm	<b>CARPET BOWLS</b> Sue and Andy Boxer	Tel: 07507 105 960